How to lock ourselves into the state of flow in writing?

- Howard Rheingold, "Serious of self-control."

Develop patterns of behavior = habits
Perhaps it is better to

\[ x \quad | \quad y \]

\[
\begin{array}{l}
\text{present} \\
\text{goal} \\
\end{array}
\quad \quad \quad \quad 
\begin{array}{l}
\text{future} \\
\text{goal} \\
\end{array}
\]

How do design present habits so that they lead to future goals?

1) ISO 9000 structure
2) Measure reading as writing.
3) Develop the habit of writing right away (early in the morning)
4) Write of all things as small letters, think everything as though all inaudible becomes useful.
The Heisenberg Theory:

1) Complexity evolves
2) Rationally does not work, process is necessary.
3) Regulation by standards is political need, but once the standards have been established.
4) CAS of #social standards.

The Heidegger Theory:

1) awareness, flow, language
2) GST and Buddhism
3) New Age
4) Automatism & Automony

The Mattey Theory

1) automation & knowledge
To meditate on mathematical problems.

Mysticism

Spitzmüller

([plate, pythones])

Kepler

Motivation by mathematics.
What is my area of expertise?

- GST? I'm not an expert, but I find the topic interesting as it links mathematics, engineering, and science.

- IS can be seen as a special case of GST.

- Management Science. This can be seen as part of GST.

- Cosmos can be understood as GST.
Scheme

1. problem
2. hypothesis
3. rejection/valuation (argument)

\[ E(H,P) = 1 \]
What does a thing look like?

Statements \( S_1, S_2, \ldots, S_m \)

Diagram:

Thing

\[ S_1, S_2, S_3, S_4 \]
Sample from \( \Omega \)

\((\Omega, \mathcal{F}, P) \sim (Y, \mathcal{G})\)

\[ X : \Omega \rightarrow Y \]

\[ \text{Law of } X \]

\[ x = \sum_{i=0}^{1} x_i \]

\[ \beta_X(x) = \left\{ \begin{array}{ll}
\frac{1}{2} & x = 0 \\
\frac{1}{2} - \frac{1}{2}x & x = 1 \\
0 & \text{otherwise}
\end{array} \right. \]
Hva slags hypotese er det jeg gør med?

1) "Vil du mere med gles dina?"

du muse reflektere med mind og fedheds.

9/16 arne of, kunne qua objekti i 1/16?

g) hårheder undersøgel.

2) Føs.
Hypothetical in GST:
- Planning ← Hypothesis
- Production
- Test → Failure

↓
What went wrong?
Why?

mystery. Substantial research.

P - Planning/Design - WOMEN
D - Produce/Engineer - ANS
C - Test/Monitor - No impact.

↓
Failure
Research
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<thead>
<tr>
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<tbody>
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<td>Inspection</td>
<td>Process</td>
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Con H₀: statistical control exists.

Correl- studie: H₀: Hårshjærteprognose

1) algernt
2) tålent ikke skade
3) presser en skade
4) presser en skade
5) beklager presser en skade
1. Introduktion

RQ: Er det muligt i hjemmepersen P at skilte med a XXX?

2. Teori


3. Metode

Standard/Spion.

4. Resultater

SPC - disponerer den aktuelle i prisen. Fortegn på mængde, linjer.

5. Diskussion

Prøven afberede mindre af i SPC og ikke kan med lave i kapitel QQ.
PhD - process

1. Introduction

It is difficult to design a process that will automatically lead to a PhD. Based on the current study habits, making the QRS improves stability.

2. Theory

Theory of self-control and self-regulation, including what gets measured gets done.

3. Method

Experiment/Scoring

4. Results

As is, I should change the final options to make sure the SPC continues.

5. Discussion

Why is the SPC unstable, less improved than expected because of being more improved than expected due to greater variability, lack of involvement of angry students?
how to write a scientific paper
1. Introduction

2. Theory

3. Method

4. Results

Case Study + SPL

5. Discussion
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