What have I learned during the past three weeks?

SSM & Action Research.

/McDuff = the 'I' perspective.

Interesting to read, but I don't know if I actually learn anything beyond confirming what I already suspect.

Feeling my indecision.

CTP research

1. Introduction
   Does CTP work?
2. The CTP model
2.1 Processing & Planning
   Different kinds of planning.
3. Research Design
   Action Research (McDuff, 2003)
4. Results
4.2 Goals
Brian Tracy’s 7 areas
- Finance
- Health
- Spiritual
- Family
- Self-improvement
- PHD

5. Discussion
2003 0.8 0.4
04 0.4 1.1
05 0.5 0.5
06 0.4 0.48
07 0.5 1.63
08 0.5 1.35